

OCTOBER | 2023



News

Name: _____ Grade: _____

GCS LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 __Vegetable Beef Soup Breadstick Jello __W__J__M __Dessert	3 __Chicken Nuggets Fresh Veggies Jello __W__J__M __Dessert	4 __All Beef Franks Chips Apple Slices __W__J__M __Dessert	5 <p style="text-align: center;">***NO SCHOOL***</p>	6
9 __Tacos Rice & Beans Pineapple __W__J__M __Dessert	10 __Mac and Cheese Broccoli Apple Slices __W__J__M __Dessert	11 __BBQ Rib sandwich Pickle spear Pears __W__J__M __Dessert	12 Beef Stroganoff Green beans Dinner roll Mandarin oranges __W__J__M __Dessert	13 __Pizza Bread Side salad Mixed Fruit __W__J__M __Dessert
16 __Italian Pasta Bake Garlic knots Applesauce __W__J__M __Dessert	17 __Sub Sandwich Chips Cuties __W__J__M __Dessert	18 __Chicken Pot Pie Red and Green Grapes __W__J__M __Dessert	19 __Loaded Baked Potato Bar Apple slices __W__J__M __Dessert	20 Pizza __pep __Chs Side salad Mixed fruit __W__J__M __Dessert
23 __Chili Dogs Corn Pasta Salad __W__J__M __Dessert	24 __French toast sticks Eggs Mixed fruit __W__J__M __Dessert	25 __Chicken Salad Breadstick Mandarin Oranges __W__J__M __Dessert	26 __Bosco Stix Marinara Broccoli __W__J__M __Dessert	27 ½ Day NO LUNCH GRANDPARENTS DAY
30 NO SCHOOL TEACHER IN SERVICE DAY	31 __Cheeseburger Tator Tots Apple Slices __W__J__M __Dessert	1	2	3

Hello GCS Parents,
happy fall!

Reminder that we need your menu turned in asap so that we can plan for all the students who intend on eating. If your student forgets their lunch we will feed them, however it may not be what is on the menu for that day. I try to limit waste and money. As always, thank you for being understanding when it comes to last minute changes as we do still run into supply issues from time to time.

MEAL

** does NOT include drink or dessert**
 Pre-school & k4 **\$2.50**
 K5-12 **\$3.75**
DRINK
 Water, Juice, Milk **.75**
 Dessert **.25**